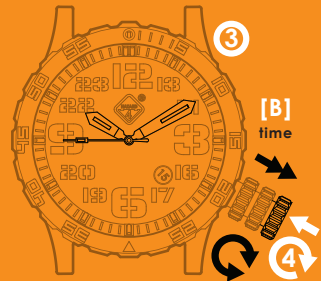
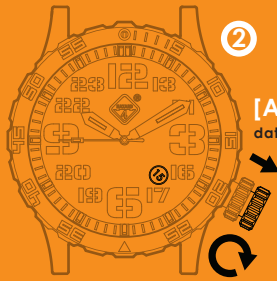
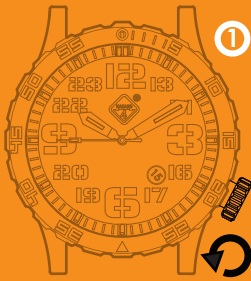


# INSTRUCTIONS



## Setting 3-Hand Movement

### 1 Release the Crown

The crown screws into the case like a bottle cap for maximum water-proofing/strength. To set the watch it must first be unscrewed counter-clockwise until it releases from the case and pops out. *Don't allow the watch to get wet when it is out (see care section!)*

### 2 To Set the Date

Pull the crown out one click to position [A]. Turn the crown clockwise until the date displayed is the day before the actual date you want to set. For example, if today's date is May 2nd, set it to May 1st. Then, pull the crown out to the second position [B] and rotate

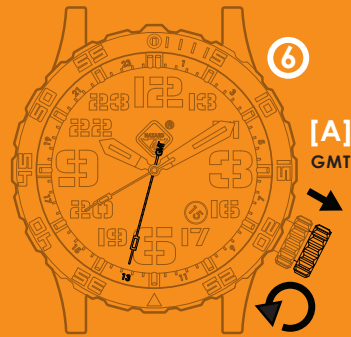
the crown to advance time forward until the hour hand passes through midnight - you will see the date jump to the current date. Continue to rotate the crown to your current time. If afternoon, then pass noon once.

### 3 To Set the Time

Pull the crown out to the second position [B]; turn in either direction to set. Push it in to restart the watch.

### 4 SCREW THE CROWN BACK IN !!!

After setting the date and/or time, make sure to push the crown in and screw it down clockwise until it can't turn further. This ensures that the water pressure seal is tight (see care section.) Don't over-tighten the crown, you may crack its stem. While an extra step, all deepest diving watches use screw in crowns.



## Setting GMT Movement

### 5 Release the Crown

The crown screws into the case like a bottle cap for maximum water-proofing/strength. To set the watch it must first be unscrewed counter-clockwise until it releases from the case and pops out. *Don't allow the watch to get wet when it is out (see care section!)*

### 6 To Set the GMT Hand

Pull the crown out one click to position [A]. Turn the

crown counter-clockwise until the GMT hand aligns with the second time zone hour you want to display. For example, if you want your watch to display 10:00AM and your GMT hand to display 1:00PM, you will turn the crown until the GMT hand aligns with 13 on the chapter ring.

To set the date and time, follow the instructions under the Three-Hand Movement (Steps 2 and 3). When finished, screw the crown back in (Step 4).